



Priorities & Goals

Priorities	Goals	Why
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8.		
9.		
10.		

Name:

Date:



An Example of Priorities & Goals

Priorities	Goals	Why
1. God	1. To spend quality time with Him daily (at least 30 minutes)	Because I want to dwell with Him and keep Him first in my life
2. Health	1. Journal daily 2. Workout 3x/week 3. Set boundaries in my life	Improve my mental, physical, and emotional being through a relax and release method
3. Family	1. Talk to them weekly 2. Meet their needs based on my abilities	To maintain our relationship and teach myself to set boundaries
4. School	1. Earn a 4.0 GPA this semester 2. Finish with a 3.75 overall	To finish 2018 strong and work toward Summa Cum Laude.
5. Work Study	1. To arrive early for every shift 2. To work enough hours to pay my bills	I agreed to take on the responsibilities, and I need money to pay my bills.
6. Intramural Soccer	1. To score at least two goals this season 2. To develop friendships with my teammates	I love soccer, want to compete, and hope to develop more friendships.
7. Spanish Club	1. To attend as many events as I can 2. To step outside of my comfort zone	I want to experience a different culture.
8.		
9.		
10.		

Name:

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